



## How to Stop Worrying and Start Living

By Dale Carnegie

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### How to Stop Worrying and Start Living By Dale Carnegie

This book can change your life!

Through Dale Carnegie's six-million-copy bestseller recently revised, millions of people have been helped to overcome the worry habit. Dale Carnegie offers a set of practical formulas you can put to work today. In our fast-paced world—formulas that will last a lifetime!

Discover how to:

- Eliminate fifty percent of business worries immediately
- Reduce financial worries
- Avoid fatigue—and keep looking you
- Add one hour a day to your waking life
- Find yourself and be yourself—remember there is no one else on earth like you!

*How to Stop Worrying and Start Living* deals with fundamental emotions and ideas. It is fascinating to read and easy to apply. Let it change and improve you. There's no need to live with worry and anxiety that keep you from enjoying a full, active and happy life!



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## How to Stop Worrying and Start Living By Dale Carnegie Bibliography

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### **Editorial Review**

#### **Amazon.com Review**

"Those who don't know how to fight worry, die young." This ominous advice begins Dale Carnegie's bestseller, *How to Stop Worrying and Start Living*, an eight-part treatise on the follies of worrying. Like other Carnegie books, this one is packed with good old-fashioned common sense, illustrated with examples drawn from research on historical figures and interviews with business leaders. Somehow, even the most simple advice--such as Carnegie's four-step method of problem solving--is presented in a way that makes you want to write it down and post it on the employee bulletin board. Narrated by the resonant and engaging voice of Andrew McMillan and loaded with relevant real-life examples, this unabridged audiobook maintains interest throughout. (Running time: 10.5 hours, eight cassettes) --*Sharon Griggins*

#### **About the Author**

Dale Carnegie (1888-1955) described himself as a "simple country boy" from Missouri but was also a pioneer of the self-improvement genre. Since the 1936 publication of his first book, *How to Win Friends and Influence People*, he has touched millions of readers and his classic works continue to impact lives to this day.

### **Users Review**

#### **From reader reviews:**

##### **Rene Pina:**

This book untitled *How to Stop Worrying and Start Living* to be one of several books this best seller in this year, that is because when you read this publication you can get a lot of benefit upon it. You will easily to buy that book in the book store or you can order it by using online. The publisher of the book sells the e-book too. It makes you quickly to read this book, because you can read this book in your Smart phone. So there is no reason for you to past this book from your list.

##### **Priscilla McNeil:**

Playing with family within a park, coming to see the coastal world or hanging out with pals is thing that usually you will have done when you have spare time, in that case why you don't try point that really opposite from that. Just one activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love *How to Stop Worrying and Start Living*, you may enjoy both. It is excellent combination right, you still wish to miss it? What kind of hang-out type is it? Oh come on its mind hangout people. What? Still don't have it, oh come on its called reading friends.

##### **Leslie Bennett:**

Reading a book to become new life style in this season; every people loves to examine a book. When you study a book you can get a great deal of benefit. When you read ebooks, you can improve your knowledge,

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**Mary Adam:**

In this time globalization it is important to someone to obtain information. The information will make professionals understand the condition of the world. The fitness of the world makes the information quicker to share. You can find a lot of recommendations to get information example: internet, newspaper, book, and soon. You will observe that now, a lot of publisher which print many kinds of book. Often the book that recommended to you personally is How to Stop Worrying and Start Living this e-book consist a lot of the information with the condition of this world now. That book was represented just how can the world has grown up. The language styles that writer value to explain it is easy to understand. Often the writer made some exploration when he makes this book. Honestly, that is why this book suited all of you.

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