



Sleep Disorders Medicine: Basic Science, Technical Considerations, and Clinical Aspects, 2e

By Sudhansu Chokroverty MD FRCP FACP

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Sleep Disorders Medicine, Second Edition, is a comprehensive textbook on the fundamental aspects of the science of sleep, the technical methods of recording for diagnosis and classification of sleep disorders, and a clinical approach to patients with sleep complaints. Also emphasized are in-depth descriptions of a variety of sleep disorders and sleep disturbances following neurologic, medical, and psychiatric events. The book uses a multidisciplinary approach and is valued for its manageable size.

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Editorial Review

Review

"...an excellent source for understanding sleep disorders and their underlying basic science." -- *E-Streams*

"...an invaluable source...for diverse medical professionals in...sleep medicine, from a medical student to a sleep specialist." -- *Doody's Health Sciences Book Review Journal*

"...clearly written, well illustrated, attractively produced, and benefits from a good index...strongly recommended." -- *Muscle and Nerve*

"...continues to be one of the best available reference works on sleep disorders..." -- *Journal of Clinical Neurophysiology*

From the Publisher

Included in this new edition are chapters on Sleep and Dream, Circadian Regulation of Sleep, Maintenance of Wakefulness Test, Computerized and Portable Sleep Recording, Epidemiology of Sleep Disorders, and Genetics in Sleep Disorders. Building on the appeal of the first edition, Dr. Chokroverty and his contributing authors have crafted a book that is written for all levels of expertise in sleep medicine. Included in this new edition are chapters on Sleep and Dream, Circadian Regulation of Sleep, Maintenance of Wakefulness Test, Computerized and Portable Sleep Recording, Epidemiology of Sleep Disorders, and Genetics in Sleep Disorders. Building on the appeal of the first edition, Dr. Chokroverty and his contributing authors have crafted a book that is written for all levels of expertise in sleep medicine.

About the Author

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