



# The Complete Idiot's Guide to Coffee and Tea

*By Travis Arndorfer, Kristine Hansen*

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For hot beverage novices and budding baristas, here is an essential introduction to the world of coffee and tea, from a basic history of each product, to advanced tips and tricks for blending, brewing, and using syrups and milk, to recipes from around the world.

- Includes information on different types of beans and teas, available brewing equipment, and little-known secrets to making fabulous coffee- and tea-based drinks
- Written by food and beverage writers who are experts in the field
- Contains the finest recipes from worldwide barista champions

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### Editorial Review

#### About the Author

**Travis Arndorfer** is the publications coordinator of Alterra Coffee Roasters and writes and edits three monthly newsletters—one for coffeehouses and retailers, one for Alterra's baristas, and one for consumers.

**Kristine Hansen** is a food and beverage writer for many publications, including *Fresh Cup*, *Low Carb Energy*, *Organic Style*, *Milwaukee Magazine*, and Wisconsin's largest weekly newspaper, *Shepherd Express*.

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