



A Life Too Short: The Tragedy of Robert Enke

By Ronald Reng

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Winner of the William Hill Sports Book of the Year, the biography of Robert Enke, the international footballer with the world at his feet who took his own life

Here, award-winning writer Ronald Reng pieces together the puzzle of his lost friend's life. On November 10, 2009, the German national goalkeeper, Robert Enke, stepped in front of a passing train. He was 32 years old. Viewed from the outside, Enke had it all. He was a professional goalkeeper who had played for a string of Europe's top clubs, including Jose Mourinho's Benfica and Louis Van Gaal's Barcelona, and was destined to be his country's first choice for years to come. But beneath the bright veneer of success lay a darker story. Reng brings into sharp relief the specific demands and fears faced by those who play top-level sport. Heartfelt, but never sentimental, he tells the universal tragedy of a talented man's struggles against his own demons.

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Editorial Review

Review

"An intensely moving book that transcends football" -- Raphael Honigstein, Guardian "A tragic book, but a brilliant one. Reng's is one of the best sports books to have been published in years" Westdeutsche Allgemeine Zeitung "This is a powerful book which transcends football." Sport Magazine "Deeply affecting" -- Matt Dickinson The Times "Moving...after reading it, I felt I not only understood depression a little better but also determined never again to believe the myth of the sporting superman, impervious to criticism or pressure" -- Sarah Crompton Daily Telegraph

About the Author

Ronald Reng is the author of *The Keeper of Dreams: One Man's Controversial Story of Life in the English Premiership*.

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