



Breastfeeding Telephone Triage and Advice

By Dr. Maya Bunik M.D.



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Breastfeeding Telephone Triage and Advice is an all-new decision support tool developed to help nurses, lactation professionals, and other medical professionals confidently advise breastfeeding mothers. Created by one of the field's foremost authorities, Maya Bunik, MD, MSPH, FABM, FAAP, it is designed to be used in tandem with the acclaimed American Academy of Pediatrics best seller *Pediatric Telephone Protocols*.

This volume introduces 60 practice-tested protocols presented on easy-reading double-column pages to help simplify targeted triage decision-making. Grouped by topic area for quick, convenient access, the protocols you'll find here include

Mother

- Sore Nipples
- Low Milk Supply
- Breast Pain
- Nipple Abnormality: Flat, Inverted, Large, or Bulbous
- Breast Masses
- Maternal Medications
- Maternal Illnesses
- Postpartum Vaginal Bleeding
- Postpartum Depression
- Substances of Abuse (Illicit Drugs)
- ...and more!

Milk Expression

- Exclusive Pumping
- Expression of Human Milk: Pumping, Hand Expression Parts, and Cleaning Equipment
- Milk Storage and Return to Work

Baby

Early

- Breastfeeding in the First Few Weeks: Simplify Your Life
- Jaundice, Newborn
- Spitting Up (Reflux)
- Gassiness in the Breastfed Baby
- No Latch or Inability to Latch
- Nursing Strike or Refusal
- Tongue-tie
- Color Change in Human Milk
- Taste Change in Human milk
- ...and more!

Later

- Older Baby Behaviors
- Long-term Breastfeeding
- Weaning
- . . . and more!

Special Circumstances

- Feeding the Baby with Hypotonia
- Feeding the Baby with Trisomy 21 (Down Syndrome)
- Tandem Nursing
- Nursing with Pregnancy
- ...and more!

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Editorial Review

About the Author

Maya Bunik, MD, MSPH, FABM, FAAP, is an associate professor of pediatrics at the University of Colorado Denver and medical director of the primary care teaching clinic at Children's Hospital Colorado. As a practicing pediatrician, she has been helping mother-baby pairs with breastfeeding for more than 15 years. Her experience also includes serving as director of the Pediatric Advice Line Call Center at Children's Hospital Oakland.

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