



Insanity: My Mad Life

By Charlie Bronson, Stephen Richards

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Charles Bronson is the most feared and the most notorious convict in the prison system. Renowned for serial hostage taking and his rooftop sieges, he is a legend in his own lifetime. Yet behind the crime and the craziness, there is a great deal more to Charlie. He is a man of great warmth and humor; a man of great artistic talent who exhibits his drawings around the country; and a man with an overpowering urge not to let the system get him down. *Insanity* is a look into the mind of a true individual—a wild, inspired, single-minded, fascinating man, oppressed not only by the workings of his singular mind, but also by the system that confines him.

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Insanity: My Mad Life By Charlie Bronson, Stephen Richards Bibliography

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Editorial Review

About the Author

Owing to Charlie Bronson's somewhat confined conditions (ie. in a cage like Hannibal Lecter), it is difficult for him to get out and promote his book as he would want to. It doesn't seem to have harmed Bronson, however, which has sold well over 100,000 copies, perhaps because every time Charlie does something a bit nutty it ends up in every national newspaper... Charlie once kidnapped three Iraqis and threatened to eat them. He is now threatening to eat any bookseller who orders a less-than-substantial quantity of his new book. You have been warned...

Stephen Richards, also known as The Golden Pen, is an international bestselling author of over 60 titles and his many successful self-help books have been translated into foreign languages. As a qualified clinical hypnotherapist and stress counsellor, Stephen was a former member of the British Association of Counsellors and was affiliated to their Family Sexual Division, Disaster Team and Stress Counselling for Students Division. Stephen now applies his time to self-help publications, running his property development empire and helping others.

Users Review

From reader reviews:

Charles Duda:

People live in this new moment of lifestyle always attempt to and must have the time or they will get large amount of stress from both lifestyle and work. So , when we ask do people have time, we will say absolutely sure. People is human not a robot. Then we question again, what kind of activity do you possess when the spare time coming to an individual of course your answer may unlimited right. Then ever try this one, reading textbooks. It can be your alternative inside spending your spare time, the book you have read is *Insanity: My Mad Life*.

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