



Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone

From Brand: Riverhead

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In this delightful and much buzzed-about essay collection, 26 food writers like Nora Ephron, Laurie Colwin, Jami Attenberg, Ann Patchett, and M. F. K. Fisher invite readers into their kitchens to reflect on the secret meals and recipes for one person that they relish when no one else is looking.

Part solace, part celebration, part handbook, *Alone in the Kitchen with an Eggplant* offers a wealth of company, inspiration, and humor—and finally, solo recipes in these essays about food that require no division or subtraction, for readers of Gabrielle Hamilton's *Blood, Bones & Butter* and Tamar Adler's *The Everlasting Meal*.

Featuring essays by:

Steve Almond, Jonathan Ames, Jami Attenberg, Laura Calder, Mary Cantwell, Dan Chaon, Laurie Colwin, Laura Dave, Courtney Eldridge, Nora Ephron, Erin Egenbright, M. F. K. Fisher, Colin Harrison, Marcella Hazan, Amanda Hesser, Holly Hughes, Jeremy Jackson, Rosa Jurjevics, Ben Karlin, Rattawut Lapcharoensap, Beverly Lowry, Haruki Murakami, Phoebe Nobles, Ann Patchett, Anneli Rufus and Paula Wolfert.

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Editorial Review

From Publishers Weekly

A mishmash of foodie writers dispute, humorously or more self-seriously, the pros and cons of cooking and dining alone. While eating by oneself can be the busy worker's greatest pleasure, as Colin Harrison notes of his solitary Manhattan lunches during a work day ("Out to Lunch"), and mother Holly Hughes ("Luxury") agrees is a secret but too rare pleasure, other writers see it as depressing or shameful. In "The Lonely Palate," Laura Calder quotes Epicurus as saying, "we should look for someone to eat and drink *with* before looking for something to eat and drink"—then offers a recipe for Kippers Mash. Eating is an act of love, thus prompting Jonathan Ames ("Poisonous Eggs") to dine out and flirt with the waitress. "Table for One" by Erin Egenbright records how the single diner is perceived uneasily by the wait staff. And M.F.K. Fisher relishes solitary dining ("A Is for Dining Alone") as a way to escape "the curious disbelieving impertinence of the people in restaurants." The collection is named after an essay by Laurie Colwin, who found a dozen different ways to cook eggplant on her two-burner hot plate while living alone in a tiny Greenwich Village flat. (*July*) Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

From [Booklist](#)

In this celebration of the meal for one, Ferrari-Adler connects short essays from a diverse set of writers recounting solitary suppers and reflecting on the singular rewards and blissful consolation of indulging no one else's hungers but one's own. Marcella Hazan affirms this truth, noting that the single diner tends to disdain nutrition for comfort and familiarity, but without sinking into childhood formulations. Many of these writers address the specific challenges of cooking in the severely limited conditions presented by tiny Manhattan apartments. Laura Dave contends that in such cramped circumstances the conscientious cook learns never to prepare anything that may leave a lingering odor. Ann Patchett seems ultimately to reject the notion of dining alone, contending that feeding others is one of the most basic means of making human connections. In the few recipes recorded here, cheese figures prominently, from fine Gruyere through pedestrian cottage cheese. Knoblauch, Mark

Review

aA balanced literary buffet...seasoned with whimsy.a
a"Wall Street Journal"

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Users Review

From reader reviews:

John Stanley:

Book is to be different per grade. Book for children until finally adult are different content. As it is known to us that book is very important for people. The book *Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone* had been making you to know about other expertise and of course you can take more information. It is extremely advantages for you. The guide *Alone in the Kitchen with an*

Eggplant: Confessions of Cooking for One and Dining Alone is not only giving you considerably more new information but also to be your friend when you experience boredom. You can spend your current free time to read your publication. Try to make a relationship with all the book Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone. You never really feel lost out for everything should you read some books.

David Briggs:

Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone can be one of your beginning books that are good ideas. All of us recommend that straight away because this book has good vocabulary which could increase your knowledge in vocab, easy to understand, but entertaining however delivering the information. The author giving his/her effort to put every word into a delightful arrangement in writing Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone although doesn't forget the main level, giving the reader the hottest and based confirm resource info that maybe you can be among it. This great information can draw you into a new stage of crucial imagining.

Betty Jordan:

Reading a book to get a new life style in this season; every person loves to examine a book. When you study a book you can get a lot of benefit. When you read books, you can improve your knowledge, because book has a lot of information on it. The information that you will get depends on what kinds of book that you have read. If you wish to get information about your study, you can read education books, but if you act like you want to entertain yourself you can read a fiction book, these kinds of us novel, comics, and soon. The Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone offer you a new experience in reading through a book.

Nancy Landry:

This Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone is brand-new for you who has curiosity to look for some information as it relieves your hunger of information. Getting deeper you upon it getting knowledge more you know or you who still have a bit of digest in reading this Alone in the Kitchen with an Eggplant: Confessions of Cooking for One and Dining Alone can be the light food in your case because the information inside this book is easy to get through anyone. These books acquire itself in the form and that is reachable by anyone, sure I mean in the e-book contact form. People who think that in e-book form make them feel sleepy even dizzy this guide is the answer. So there is absolutely no in reading a publication especially this one. You can find actually looking for. It should be here for a person. So, don't miss this! Just read this e-book type for your better life along with knowledge.

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