



New ADHD Medication Rules: Brain Science & Common Sense

By Dr. Charles Parker

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New Rules Provides Solutions For ADHD Medication Confusion

Medical treatment for ADHD fails far too often - not because of the drugs themselves, but how they are managed. *New ADHD Medication Rules -- Brain Science & Common Sense* shows that patients often suffer from missed brain and body diagnoses that create a variety of reactions to ADHD medications. The too frequent result of these challenges: diagnostic confusion, imbalanced treatment and over or under medication. In the only book of its kind, Dr. Charles Parker clearly explains how these uncertainties happen, and how insightful communication with professionals can dramatically improve treatment using available methods assembled from hard data, clinical experience and laboratory research.

What You Will Learn From *New ADHD Medication Rules*:

- Stimulant medication duration, "burn rates," depend on how the brain reacts to specific stimulant medications and to medical challenges in the body, such as nutrition and immunity. These imbalances affect brain function, and ultimately create unpredictable reactions to ADHD medications.
- Treatment is not on par with easily understandable brain science. Brain science employs precise ADHD guideposts to remove much of the guesswork around diagnosis and treatment.
- Few, if any, rules or protocols are available to practitioners for the daily clinical management of ADHD medications. Without specific rules patients face a standard-of-practice quagmire based upon inadequate treatment targets.

According to Parker: "Too many aren't thinking critically about medical treatments for the thinking process. ADHD is a diagnosis based upon appearances, not brain function."

Understandable Solutions

In straightforward language that simplifies the mind/body complexity of ADHD medical management, *New ADHD Medication Rules* offers clinical data and explanations for why treatments so often fail. Using irrefutable research about

brain and body responses to ADHD meds, Dr. Parker outlines *New Rules* - practical treatment protocols - to customize treatment for each patient, and thereby design more predictable outcomes.

New Rules Objectives

Written for patients, parents of children with ADHD, and professionals, this book compels us to pay better attention to the drugs for paying attention.

Both paperback and Kindle editions are now available at Amazon.

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New ADHD Medication Rules: Brain Science & Common Sense By Dr. Charles Parker Bibliography

- Sales Rank: #304041 in Books

- Published on: 2013-01-01
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .37" w x 6.00" l, .54 pounds
- Binding: Paperback
- 180 pages

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Editorial Review

Review

Awaiting specific reviews.

From the Author

I organized *New ADHD Medication Rules* after years of picking up the pieces during difficult second opinions in my office - both from my own treatment failures and my colleagues who missed aspects of the medication treatment process. To this day far too many simply write for ADHD meds without remotely thinking about the complexity, the details or the long term implications of medication management.

New Rules translates available *Brain Science* into *Common Sense* applications.

New ADHD Medication Rules reports understandable, data driven standards that arise directly from the extensive literature on medications, and from the newest information on brain imaging, immune system challenges, metabolic problems and simple genetic issues that often go overlooked when using ADHD meds. Symptom targets need improvement, and dosage strategies need far more precise attention.

I've taught other medical professionals to use *New Rules* medication protocols for ADHD medications since 1996 all across the USA - from LA and Seattle, to NYC, Boston San Francisco and Chicago, and know that they work because I've updated and self-corrected these *New Rules* regularly as fresh brain science discoveries emerged. From functional SPECT brain imaging to neurotransmitter measurements, to understanding immunity challenges such as gluten and casein, neuroscience discoveries create more predictable outcomes - but *only if used in the office*.

ADHD is the most frequently misunderstood, misdiagnosed and mistreated psychiatric condition on the planet--and fresh neuroscience spells out the underlying details for improved, more predictable recovery. With *New Rules* the reader can participate in these next essential changed changes for ADHD medical care.

From the Back Cover

New ADHD Medication Rules is based upon the latest brain science, and includes a variety of associated treatment topics that address the real complexity of ADHD medical management.

The variables that effect medication effectiveness range from sleep, to breakfast, to biomedical interferences that can dramatically change the way medications burn in the body. Without *New Rules* the possibility of missing potentially dangerous drug interactions and associated diagnostic challenges, such as depression and anxiety, adds to the greater possibility of treatment failure.

A key objective for *New Rules*: engaging your medical team in more participatory dialogue with more clear expectations for medication outcomes and improved discussion at every medication check.

Users Review

From reader reviews:

Danny Whittemore:

In this 21st millennium, people become competitive in every way. By being competitive now, people have to do something to make themselves survive, being in the middle of the crowded place and notice through surrounding. One thing that sometimes many people have underestimated the idea for a while is reading. Yeah, by reading a book your ability to survive increase then having chance to stand than other is high. To suit your needs who want to start reading the book, we give you that New ADHD Medication Rules: Brain Science & Common Sense book as beginning and daily reading guide. Why, because this book is more than just a book.

Judy Young:

Nowadays reading books be than want or need but also become a life style. This reading behavior give you lot of advantages. The huge benefits you got of course the knowledge the rest of the information inside the book which improve your knowledge and information. The data you get based on what kind of book you read, if you want drive more knowledge just go with education and learning books but if you want really feel happy read one using theme for entertaining such as comic or novel. Typically the New ADHD Medication Rules: Brain Science & Common Sense is kind of book which is giving the reader unforeseen experience.

Gina Dana:

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Patrick Duenas:

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