



# The Informed Heart: A Study of the Psychological Consequences of Living Under Extreme Fear and Terror

By Bruno Bettelheim

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## **The Informed Heart: A Study of the Psychological Consequences of Living Under Extreme Fear and Terror** By Bruno Bettelheim

In 1938-39, Bruno Bettelheim was imprisoned in the concentration camps of Dachau and Buchenwald. In order to keep alive and remain human, he began to analyze his own behaviour and that of everyone around him. This book is a record of those years.

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