



## The Vocal Athlete: Application and Technique for the Hybrid Singer(Includes CD)

By Marci Rosenberg, Wendy D. Leborgne

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*The Vocal Athlete: Application and Technique for the Hybrid Singer* is a compilation of voice exercises created and used by well-known voice pedagogues from preeminent colleges, established private studios, and clinical settings. The exercises focus on various aspects of contemporary commercial music (CCM) including bodywork, mental preparation, registration, and much more. The book is designed to accompany its companion text, *The Vocal Athlete* a first of its kind in singing science and pedagogy developed for singers of all styles, with a particular emphasis on CCM.

Also included is a CD of the singing exercises to further enhance understanding of techniques and skills used in training this type of singer. Both *The Vocal Athlete: Application and Technique for the Hybrid Singer* and its companion text are invaluable tools for anyone who uses or trains the singing voice or works with CCM singers.

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### **Editorial Review**

#### **Review**

With the publication of The Vocal Athlete, singers and voice teachers now have access to a remarkable, unprecedented collection of resources. The breadth and comprehensiveness of this two-volume set are remarkable... The phenomenon of the hybrid singer has led to the proliferation of a hybrid teacher ... Early responses suggest that this kind of teacher will find The Vocal Athlete to be an incredibly valuable resource, a compendium of some of the best and most current thinking in the field, complemented by a thoughtful review of the scientific literature. ... [The companion] workbook and CD provide both teachers and students with the opportunity to explore some of the best practices of the world's top pedagogues... --Charlie Gilbert, The SAVI Singing Actor (9/8/2014)

#### **About the Author**

**Dr. LeBorgne** is the voice pathologist, singing voice specialist, and director of the Blaine Block Institute for Voice Analysis and Rehabilitation (Dayton, OH), and The Professional Voice Center of Greater Cincinnati (Cincinnati, OH). Additionally, she holds adjunct professor positions at Cincinnati College-Conservatory of Music as a Voice Consultant and in the College of Allied Health. Dr. LeBorgne holds a B.F.A. in Musical Theater from Shenandoah Conservatory and both her masters and doctoral degrees from the University of Cincinnati in Communication Sciences and Disorders with a specialty in voice disorders. Her research has focused primarily on the area of the professional singing voice (specifically the Broadway Belt Voice).

**Marci Daniels Rosenberg, MS CCC**, is a singer, and a speech language pathologist/research investigator in The University of Michigan Departments of Speech Language Pathology and Otolaryngology. After completing degrees, in classical voice performance from Peabody Conservatory of Music and then in speech language pathology at Towson State University, she completed a research fellowship in the Voice and Speech Lab at the National Institute on Deafness and Other Communication Disorders (NIDCD) in 1996. There she received the Voice and Speech Faculty Award for Research Excellence, NIDCD. She then completed her Master's degree in speech pathology at Bowling Green State University. As a Voice and Singing Specialist, and lead speech pathologist at The University of Michigan Vocal Health Center, Ms. Rosenberg works clinically to rehabilitate injured voices. She has particular clinical interest in contemporary commercial vocal styles. Her research focuses on vocal health for the performance voice. Some of her presentations include workshops and posters at The Voice Foundation in Philadelphia in addition to numerous lectures, workshops and master classes at regional colleges and universities.

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#### **Gary McIntosh:**

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