



22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome

By Rudy Simone

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Although having Asperger Syndrome (AS) can make romantic relations difficult, having a fulfilling relationship with an Asperger man is certainly not impossible. A woman in love with a man with AS may interpret his difficulties with communication and socialization as a lack of interest in the relationship. He may vacillate between being gentle and caring to seeming cold and distant. She may find his behaviour hard to understand, resulting in feelings of loneliness, isolation, and confusion. This book shows how to overcome these difficulties and maintain a loving relationship with an AS partner.

From an unwillingness to show affection in public or even sleep in the same bed to problems holding down a job, this book looks at 22 common traits that women may discover when they are dating, living with or married to a man with Asperger's Syndrome. Rudy Simone explores the complications of Asperger's relationships with honesty and understanding, drawing on research and personal experience to inform and advise women with AS partners. She offers helpful tips for improving the relationship and finding fulfillment both individually and as a couple.

This book will help women to understand the male Asperger's mind and, equally, it can help men with AS to see things from their partner's perspective. It will also be of interest to counsellors working with couples where the male partner has Asperger's Syndrome.

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22 Things a Woman Must Know If She Loves a Man with Asperger's Syndrome By Rudy Simone Bibliography

- Sales Rank: #36829 in Books
- Brand: Simoine, Rudy/ Rios, Emma (ILT)
- Published on: 2009-05-15
- Released on: 2009-05-15
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .26" w x 5.43" l, .31 pounds
- Binding: Paperback
- 112 pages



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Editorial Review

Review

"There are many books that have been written about being in a relationship with a man with AS, but I have found none to be as insightful, accurate and understanding of both perspectives as this book by Rudy Simone. Each section of the book says it just the way it is; it is realistic, positive and unbiased." --- From the Foreword by Maxine Aston, author of The Other Half of Asperger Syndrome, Aspergers in Love and The Asperger Couples Workbook.

Review

A specialized book that will bring solace and encouragement to women in relationships with AS men.
(Library Journal)

There are many books that have been written about being in a relationship with a man with AS, but I have found none to be as insightful, accurate and understanding of both perspectives as this book by Rudy Simone. Each section of the book says it just the way it is; it is realistic, positive and unbiased. (From the Foreword by Maxine Aston, author of The Other Half of Asperger Syndrome, Aspergers in Love and The Asperger Couples Workbook)

The book is concise, well written, and an invaluable reference to women who are struggling in a marriage or dating relationship with an Asperger's man. (Autism and Asperger Syndrome Blog)

About the Author

Rudy Simone is a writer and Asperger's Syndrome educator who lives in Western New York.

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