



Tell Your Time: How to Manage Your Schedule So You Can Live Free

By Amy Lynn Andrews

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Why do many time management books take so much time to read?

It seems to me a book about time management should be, well, short. To the point. Efficient. So that's what I did in Tell Your Time.

I distilled all of the time management, organization, scheduling and goal-setting tips I've gleaned over the years (that's a lot) into one easy-to-read, easy-to-implement, straightforward, no-nonsense ebook.

Time management is like weight loss

There's no magic bullet. The basic principles in weight loss books are all variations on the same theme: eat well and exercise. Consume fewer calories than you expend.

The same goes for time management books. There's no magic bullet. The basic principle in time management books are all variations on the same theme: make sure all your to-dos fit within the 24 hours allotted.

How to manage your time

This book will walk you through a process—the one I personally use and one that has helped many others. And it will do it in a fraction of the time and at a fraction of the cost.

Because I think you should live life living, not just reading about it.

Tell Your Time will help you identify the most important things—and the most important people—in your life. You will easily set goals and learn how to manage your time efficiently so no *thing*—or no *one*—falls through the cracks.

Oh, and by the way, during the writing of this book I finally figured out the answer to my question, you know, the one about time management books being so time consuming. A traditional publisher contacted me and offered to publish Tell Your Time as a "regular" book. But there was a catch. In order to justify the cost of publishing, I had to beef it up...and make it about 7 times longer. I was very grateful for the offer, but I declined. (If you want to hear that full story, find the Tools page I reference throughout the book.)

Tell Your Time packs a huge practical punch. Small time commitment, small price tag, huge benefit.

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Editorial Review

From the Author

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Users Review

From reader reviews:

David Butler:

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Shannon Silva:

Precisely why? Because this Tell Your Time: How to Manage Your Schedule So You Can Live Free is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will distress you with the secret it inside. Reading this book close to it was fantastic author who have write the book in such remarkable way makes the content inside of easier to understand, entertaining technique but still convey the meaning fully. So , it is good for you for not hesitating having this ever again or you going to regret it. This excellent book will give you a lot of rewards than the other book possess such as help improving your expertise and your critical thinking means. So , still want to delay having that book? If I were you I will go to the publication store hurriedly.

Bryant Kelly:

Is it an individual who having spare time then spend it whole day by simply watching television programs or just laying on the bed? Do you need something new? This Tell Your Time: How to Manage Your Schedule So You Can Live Free can be the answer, oh how comes? A fresh book you know. You are thus out of date, spending your time by reading in this brand-new era is common not a nerd activity. So what these books have than the others?

Patrica Fussell:

As a university student exactly feel bored to help reading. If their teacher inquired them to go to the library in order to make summary for some guide, they are complained. Just little students that has reading's internal or real their hobby. They just do what the educator want, like asked to go to the library. They go to generally there but nothing reading critically. Any students feel that reading through is not important, boring along with can't see colorful photos on there. Yeah, it is being complicated. Book is very important to suit your needs. As we know that on this time, many ways to get whatever you want. Likewise word says, ways to reach Chinese's country. Therefore this Tell Your Time: How to Manage Your Schedule So You Can Live Free can make you really feel more interested to read.

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