



You Are a Badass at Making Money: Master the Mindset of Wealth

By Jen Sincero

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You Are a Badass at Making Money: Master the Mindset of Wealth By Jen Sincero

From the #1 *New York Times* bestselling author of *You Are a Badass*, a life-changing guide to making the kind of money you've only ever dreamed of

You Are a Badass at Making Money will launch you past the fears and stumbling blocks that have kept financial success beyond your reach. Drawing on her own transformation—over just a few years—from a woman living in a converted garage with tumbleweeds blowing through her bank account to a woman who travels the world in style, Jen Sincero channels the inimitable sass and practicality that made *You Are a Badass* an indomitable bestseller. She combines hilarious personal essays with bite-size, aha concepts that unlock earning potential and get real results.

Learn to:

- Uncover what's holding you back from making money
- Give your doubts, fears, and excuses the heave-ho
- Relate to money in a new (and lucrative) way
- Shake up the cocktail of creation
- Tap into your natural ability to grow rich
- Shape your reality—stop playing victim to circumstance
- Get as wealthy as you wanna be

“This book truly crystallizes the concept that financial abundance is an inside job—in that it all begins with your mindset—and Sincero gets serious (in the funniest ways possible) about helping you identify your particular limiting beliefs surrounding money.”

—PopSugar

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Editorial Review

Review

Praise for *You Are a Badass at Making Money*

“Hilarious . . . This book truly crystallizes the concept that financial abundance is an inside job—in that it all begins with your mindset—and Sincero gets serious (in the funniest ways possible) about helping you identify your particular limiting beliefs surrounding money.”

—PopSugar

“A cheerful manifesto on removing obstacles between yourself and the income of your dreams.”

—*New York Magazine*

“A HIIT workout for making bank.”

—Well+Good

Praise for *You Are a Badass*

“If touchy-feely self-help tomes make you feel, shall we say, less than inspired, this no-nonsense manifesto to awesomeness might be just what you're looking for. Filled with blunt and sassy advice, do-it-yourself exercises in personal transformation, and a whole lot of hilarity, *You Are a Badass* will silence your inner critic.”

—Bustle

“You have permission to upsize your serving of awesome with this funny, fulfilling read.”

—MindBodyGreen

“I adore Jen's realistic and funny take on all matters of living an awesome life. She has such a gift for writing in a very digestible way that will appeal to everyone. If you're looking for purple unicorns and rainbows you won't find them here. What you will find are practical and easy ways to connect with your inner badass and change your life.”

—Madisyn Taylor, cofounder of DailyOM

About the Author

Jen Sincero is a #1 NY Times Bestselling author, success coach, and motivational speaker who spent more than a decade traveling the world helping people transform their lives and their bank accounts via her public appearances, private sessions, coaching seminars, and books, including the #1 New York Times Bestseller *You Are a Badass: How to Stop Doubting Your Greatness and Start Living an Awesome Life*. Sincero currently lives in Santa Fe, New Mexico.

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If you're ready to make more money, you can. I don't care how many times you've tried and failed or if you're so broke you're selling your bodily fluids for bus fare or how often you've found yourself center stage at the checkout counter, feigning shock and indignation: “Are you sure? *Declined?! That's impossible. Can you run it one more time?*” No matter how out of the question it may seem for you at this moment, you can make lots of money. Even I'ma-buy-everyone-I-love-a-house-and-a-gold-tooth kind of money, if that's

what turns you on.

I'd also like to point out that there's nothing horribly wrong with you if you haven't figured out how to do it yet. Money is one of the most loaded topics out there—we love money, hate money, obsess over money, ignore money, resent money, hoard money, crave money, bad-mouth money; money is rife with so much desire and shame and weirdness it's a wonder we can utter the word above a whisper, let alone go out and joyfully rake it in. (Have you been brave enough to read this book in public I wonder? With the title in full view?)

It reminds me a lot of how we've been conditioned to deal with sex, another gold medalist in the Topics That Totally Freak People Out Competition. When it comes to having sex and making money, you're supposed to know what you're doing and be all great at it, but nobody teaches you anything about it, and you're never supposed to talk about it because it's inappropriate, dirty, not so classy. Both money and sex can provide unthinkable pleasures, birth new life, and inspire violence and divorce. We're ashamed if we don't have it, we're even more ashamed to admit we want it, we will do things/people we're not nuts about in order to get it, and I know I'm not the only one who has caught myself fantasizing about a stranger dressed like Batman coming up and giving me some on a bench in Central Park (am I?).

The good news is if you, like most people, have a troubled or conflicted relationship with money, you have the ability to heal it, transform it, and become such awesome pals with money that you wake up one day to find yourself standing in the middle of the life you've always wanted to live. And you can start making this change right now. All you need to do is wake up to what's holding you back, make new, powerful choices about what you focus on, ensmarten yourself about money, and go for it like you ain't never gone for it before. Which is what this book will help you do.

I personally transformed my financial reality so quickly and massively that everybody who knows me well is still wondering what the hell happened. And believe me when I say if my broke ass can do it, you can do it too, no matter how rickety or hopeless you may feel right now. Because I knew precisely zero things about making money until I was in my forties. My forties! That's the age when most people possess things like houses and college funds for their kids and an understanding of how the Dow Jones works. Meanwhile, at forty I possessed a barren bank account, a deep wrinkle line between my eyebrows from stress, and a first-name basis relationship with Sheila at the collection agency.

For the vast majority of my adult life I was a freelance writer, forever scrambling for work that paid an insulting nonamount considering how time consuming and challenging it was. Had I actually done the math, I would have realized just how free my lancing was, but I instead chose to be in denial of the facts, work harder, complain more, and just, you know, hope that I'd somehow magically start raking in the dough or get run over by someone rich who would then have to take care of me for the rest of my life. My watertight plan for getting out of financial struggle was partly a result of having a whole lotta hang-ups about money (money is evil, rich people are gross, I have no idea how to make it, I'd have no idea what to do with it even if I did know how to make it, etc.), and also because I was trapped in a perpetual state of indecision. I knew I was a writer, and I also knew I wanted to do more than sit alone in a room in my robe and type all day, I just didn't know what it was I wanted to do. And rather than just picking something already and seeing where it led, I chose to bite my nails down to bloody nubs and wallow in the I Don't Know What the Hell I Want to Do with My Life quagmire. For years. As in decades. It was so painful. And devastating. And utterly paralyzing. This is how I found myself at the ripe old age of forty, living in a converted garage, in an alley, in fear of requiring dental work, excelling at financial mediocrity in the following ways:

- Eating/drinking/filling my pockets with anything that was free, regardless of whether or not I really

liked it or needed it.

- Walking countless blocks, in flip-flops, to save five dollars on valet parking.
- Employing duct tape, instead of professionals, to repair things like leaking pipes, busted shoe straps, fractured bones.
- Meeting friends at a restaurant for dinner, ordering a glass of water, tap is fine thanks, I love the tap in this city, before explaining to the table how I'm really not hungry, I'm stuffed actually, and then the free bread is placed on the table and disappears into my mouth in a blur.
- Choosing between phone service and health insurance.
- Spending excruciating amounts of time purchasing anything, from a TV to a bedspread to a wooden spoon, in order to thoroughly investigate every possibility of a cheaper option, a forthcoming sale, a coupon code, or to entertain the question, "Is this something I could perhaps make myself?"

If I'd put the same amount of time and focus that I put into freaking out about not having money, cutting back my expenses, finding the deals, haggling, researching, returning, refunding, redeeming, rerouting, rebating, into actually making money, I would have been driving a car with working windshield wipers years before I actually did.

This making money thing is not about never again making wise, informed purchases or rejoicing in a good sale or filling up on bread. It's about giving yourself the options and the permission to be, do, and have whatever lights you up, instead of acting like a victim of your circumstances. It's about not pretending everything is cool, I love having three roommates, none of whom know how to use a sponge or a goddamned broom, instead of focusing on making more money to afford yourself your own place for fear you'll be judged or you'll suck at it or that it'll be too hard or no fun or out of your reach. It's about creating the wealth that affords you the life you'd love to live instead of settling for what you think you can get.

The human ability to rationalize, defend, and accept our self-imposed drama is bananas. Especially because we have all the power within us to choose and create realities that totally kick ass. We see it all the time with people who are in miserable or even abusive relationships: "He's just so sad and sorry after he cheats on me. It breaks my heart. Plus, the make-up sex is superhot." We see it when people insist on staying in jobs they hate: "I spend my lunch breaks weeping in the stairwell I'm so miserable. But the health insurance is amazing." Meanwhile their spirit and their time on this Earth are quickly swirling down the drain.

You have one glorious and brief shot at being the you that is you on Planet Earth, and the power to create whatever reality you desire. Why not be the biggest, happiest, most generous, and fully realized humanoid you can be?

Users Review

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Evelyn Spencer:

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