



Brief Cognitive Hypnosis: Facilitating the Change of Dysfunctional Behavior

By Jordan Zarren MSW DAHB, PhD, ABPP Eimer Bruce

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- Edward J. Frischholz, PhD, Fellow and Past-President
Division 30 (Society for Psychological Hypnosis)
American Psychological Association
Past-Editor, American Journal of Clinical Hypnosis
Fellow and Approved Consultant, American Society of Clinical Hypnosis

iI wish I had said that. This book is clear, accurate, and explicated in a way that is indisputably better than any other texts on clinical hypnosis that I've read.î

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Past President of the American Society of Clinical Hypnosis
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i[This book] is a magical addition to the field of Clinical Hypnosis. Two distinguished Board Certified Clinicians with over sixty years of combined clinical experience have provided a delightful book that will not only add to the experienced clinicians' skills, but provide a straightforward and practical approach for the neophyte in hypnosis.î

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iThis is a valuable book for clinicians. It is highly practical, user friendly, and explicates rapid treatment methods for the range of problems most commonly seen in our offices. I definitely recommend it.î

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- Sales Rank: #553520 in eBooks
- Published on: 2001-11-16
- Released on: 2001-11-16
- Format: Kindle eBook

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Editorial Review

Review

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About the Author

Bruce N. Eimer, PhD, ABPP is a licensed clinical psychologist and a board-certified diplomate in behavioral psychology with the American Board of Professional Psychology and in pain management with the American Academy of Pain Management. He is a member of the American Psychological Association and a fellow of the Society for Psychological Hypnosis, Division 30, of the American Psychological Association. He is also a member of the American Society of Clinical Hypnosis, the Society for Clinical and Experimental Hypnosis, and the Greater Philadelphia Society of Clinical Hypnosis. He has over 20 years of experience as a psychologist and psychotherapist. Both authors are also certified consultants in clinical hypnosis with the American Society of Clinical Hypnosis.

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