



I Am Me - My Declaration of Self-Esteem

By *mrs diana malca-chern*

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I Am Me - My Declaration of Self-Esteem By *mrs diana malca-chern*

This workbook is base on the world famous poem written by renowned therapist Virginia satir. The poem is broken into sentences and the child, through interactive activities learns more about him or herself thereby developing and enriching self esteem. This workbook is child friendly, it includes engaging examples, activities, and step by step instructions to which parents, educators and/or therapists can guide children in completing. this is the complete resource for educating, motivating, and empowering children to work toward change,

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I Am Me - My Declaration of Self-Esteem By *mrs diana malca-chern* Bibliography

- Sales Rank: #9689604 in Books
- Published on: 2012-03-18
- Format: Large Print
- Original language: English
- Number of items: 1
- Dimensions: 11.00" h x .7" w x 8.50" l, .20 pounds
- Binding: Paperback
- 26 pages

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Editorial Review

About the Author

Diana Malca-Chern, Licensed Clinical Social Worker and Registered Play Therapy Supervisor, has been helping children and their families for 20 years; last twelve in her own private practice. She specializes in play therapy, family and parenting education. She is the recipient of many awards, has published extensively in various play therapy journals, and is a frequent popular lecturer on play therapy.

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Jeffrey Spencer:

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Lillian Burbank:

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