



Premature Ejaculation: From Etiology to Diagnosis and Treatment

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Premature ejaculation (PE) is a common male sexual complaint, with a self-reported prevalence of 20–30% in observational studies. Over the past 10–20 years, our understanding of PE has evolved from the initial premise that it is a psychological disorder to the current recognition of an underlying biological and probably genetic predisposition in many cases. This new understanding has been accompanied by novel approaches to the assessment and treatment of patients with PE.

Premature Ejaculation is the first truly contemporary reference volume on the subject. It covers a broad range of aspects relevant to PE, including past and current definitions of the condition, the etiology of PE, its epidemiology, the impact of PE on both the patient and his partner, and the treatment of PE using pharmacotherapy and/or psychotherapy/cognitive behavioral therapy. The book is well illustrated and referenced, and the primary focus throughout is on evidence-based medicine.

This timely and authoritative volume will be of great value to sexual health physicians, andrologists, endocrinologists, urologists, psychiatrists, sexologists, psychologists, and other interested healthcare professionals.

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Editorial Review

Review

From the reviews:

“This book presents a contemporary and comprehensive approach to the causes and management of premature ejaculation (PE), devoting special attention to its pathophysiology and treatment with both behavioral and medical strategies. ... This book is intended for students and residents at all levels, including mental health professionals and practitioners in endocrinology, urology, and gynecology. ... This seminal work is the first in the field of PE.” (Irvin H. Hirsch, *Doody's Book Reviews*, March, 2013)

From the Back Cover

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Users Review

From reader reviews:

Frances Small:

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