



The Language of Plants: A Guide to the Doctrine of Signatures

By Julia Graves

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The Language of Plants: A Guide to the Doctrine of Signatures By Julia Graves

“A powerful and unique book, *The Language of Plants* is without doubt the most in-depth discussion of plant signatures available to us today. A brilliant medical herbalist, Julia has drawn from ancient and modern sources and blended this knowledge with her own rich experience and personal wisdom to create a marvelous resource, designed to take us deeply into the healing energetics of plants. While reading it, I felt a modern alchemist at work.” **Rosemary Gladstar**, herbalist and author of *Rosemary Gladstar’s Herbal Recipes for Vibrant Health* and *The Herbalist’s Way*

It is only in the age of technology that human beings have lost a sense of nature being alive. Throughout history, people *spoke* to nature, and nature communicated with them. During the Middle Ages, reading the “book of nature” was called the doctrine of signatures, which had always been an important part of interacting with nature for traditional healers and herbalists.

“As a child, I just knew which plant to pick up and hold to my head for a headache to go away. Once I heard about the concept of a ‘doctrine of signatures,’ I would just stand silently, in awe of nature talking to me, talking and talking in her silent, direct speech. The book of nature seemed so obviously spelled out, and in oddest contrast to what I learned in medical school. My professors seemed never to have heard of nature being vibrant and alive and brimming with patterns of energy that are right there for us to understand and use.... This direct and primordial experience of being part of nature’s omnipresent, cyclic course taught me more in the realm of no-words than any university ever could have.” **Julia Graves**

The Language of Plants covers all aspects of the doctrine of signatures in an easily accessible format, so that everyone, whether nature lovers or healers, can learn to read the language of plants in connection with healing.

Read more by the author about this unique book.

More than 200 color and b/w images.

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Editorial Review

About the Author

Julia Graves grew up in Germany in close communion with nature. She trained in anthroposophic massage therapy, herbalism, and medicine from an early age. Julia has traveled around the globe, from Northern America to the Himalayas, to study the relevance of the doctrine of signatures in the world. She is a practicing herbalist, maker of flower essences, and a naturopathic doctor. Julia organized a naturopathic relief clinic in response to the 2010 earthquake in Haiti and presently lives on her farm in a remote area of France.

Users Review

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Carolyn Hoffman:

Now a day those who Living in the era where everything reachable by match the internet and the resources within it can be true or not demand people to be aware of each details they get. How people have to be smart in acquiring any information nowadays? Of course the reply is reading a book. Examining a book can help individuals out of this uncertainty Information specially this The Language of Plants: A Guide to the Doctrine of Signatures book because book offers you rich info and knowledge. Of course the details in this book hundred pct guarantees there is no doubt in it you may already know.

Joel Faulkner:

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Sarah Winship:

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Diana Keller:

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