



Quick & Easy Tsukemono: Japanese Pickling Recipes

By Ikuko Hisamatsu

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Among the many authentic flavors of Japan, tsukemono, or pickled vegetables, has been a must for everyday meals and with tea. For most of the Japanese nothing can replace enjoying plain hot rice with tsukemono, and dinner is not complete without it as the final course. Today most dishes are available at Japanese grocery stores or specialty supermarkets, but they often lack the seasonal quality and freshness of true tsukemono.

The term tsukemono covers a wide range of dishes from a marinated salad to preserved foods. Traditional tsukemono such as takuan or umeboshi might seem difficult to prepare but *Quick & Easy Tsukemono* makes these and many more, easy with its simple step-by-step, full-color photo instructions. There are myriads of methods to make them, some as simple as just rubbing fruits and vegetables with salt just before serving, while other require several days to fully marinate.

Packed with over 73 mouthwatering recipes for easily preserving fruits and vegetables, *Quick & Easy Tsukemono* is the perfect book for beginning cooks and seasoned foodies alike.

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Editorial Review

About the Author

Ikuko Hisamatsu, born in Fukuoka Prefecture, Japan, was inspired by her mother who used to cook conscientiously at home. She studied Western cooking in Europe before moving to Korea to learn traditional Korean cuisine. She is the author of several books including the successful *Iwashi Book* (Sardine Cookbook).

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