



## John Kehoe - Mind Power Home Study Program (10 CD Set)

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Now, finally, the 4-week Mind Power Training is available in a home study format consisting of 10 CDs. Designed to produce optimal results, the Home Study Program allows participants to gain direct, individual access to John Kehoe as he offers clear, explicit training over four weekly sessions designed to awaken your inner powers. Just as you would go to the gym and work with a personal trainer, John Kehoe takes you to the inner sanctums of your mind and teaches you step by step how to exercise and apply potent techniques and principles to maximize your personal power. To realize the full benefits of this program students are expected to commit 20 - 30 minutes a day during the training, practicing the Mind Power exercises. Now, finally, the 4-week Mind Power Training is available in a home study format consisting of 10 CDs. Designed to produce optimal results, the Home Study Program allows participants to gain direct, individual access to John Kehoe as he offers clear, explicit training over four weekly sessions designed to awaken your inner powers. Just as you would go to the gym and work with a personal trainer, John Kehoe takes you to the inner sanctums of your mind and teaches you step by step how to exercise and apply potent techniques and principles to maximize your personal power. To realize the full benefits of this program students are expected to commit 20 - 30 minutes a day during the training, practicing the Mind Power exercises.

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