



# Playing Outside: Activities, ideas and inspiration for the early years

By Helen Bilton

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**Playing Outside: Activities, ideas and inspiration for the early years** By Helen Bilton

Making outdoor teaching and learning work in practice is now a key priority for all early years practitioners.

*Playing Outside* provides clear and detailed guidance on all aspects of outdoor play illustrated with over 100 colour photographs. This bestselling book has been fully updated throughout to incorporate the Early Years Foundation Stage and includes completely new photographs, case studies and ideas for resources.

To help promote physical activity, healthy and well educated children this book provides:

- practical activities that cover all aspects of learning;
- photographs illustrating good practice and imaginative use of equipment;
- examples of work from a range of settings;
- help and advice on suppliers of equipment.

Written for all practitioners working in schools, nurseries and pre-school settings, this book is essential reading for those who wish to provide inspiring outdoor play opportunities for the children in their care.

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### **Editorial Review**

Review

**'For practical activities and inspiration for your outdoor area covering all aspects of learning, get this book - it is just brilliant. The first edition was popular, and this fully revised and updated second edition has everything a practitioner could need to take learning into outdoor environments, whether you are an experienced outdoor convert, a young practitioner starting out on a career, or a student looking forward to their first placement.'** - *Martine Horvath, Early Years Educator Magazine*

About the Author

**Helen Bilton** is Associate Professor in Education at the University of Reading.

### **Users Review**

**From reader reviews:**

**Becky Pope:**

Nowadays reading books become more than want or need but also be a life style. This reading routine give you lot of advantages. The benefits you got of course the knowledge the particular information inside the book in which improve your knowledge and information. The knowledge you get based on what kind of guide you read, if you want have more knowledge just go with education books but if you want experience happy read one having theme for entertaining for instance comic or novel. Often the Playing Outside: Activities, ideas and inspiration for the early years is kind of reserve which is giving the reader unpredictable experience.

**Megan Rivera:**

This Playing Outside: Activities, ideas and inspiration for the early years is great book for you because the content which can be full of information for you who also always deal with world and possess to make decision every minute. This particular book reveal it info accurately using great manage word or we can say no rambling sentences included. So if you are read this hurriedly you can have whole data in it. Doesn't mean it only offers you straight forward sentences but challenging core information with attractive delivering sentences. Having Playing Outside: Activities, ideas and inspiration for the early years in your hand like finding the world in your arm, facts in it is not ridiculous a single. We can say that no guide that offer you world in ten or fifteen tiny right but this reserve already do that. So , this is certainly good reading book. Hi Mr. and Mrs. stressful do you still doubt in which?

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