



# The Knee: AANA Advanced Arthroscopic Surgical Techniques

By Nicholas A Sgaglione MD, James H Lubowitz MD, Matthew Provencher MD

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**The Knee: AANA Advanced Arthroscopic Surgical Techniques** By Nicholas A Sgaglione MD, James H Lubowitz MD, Matthew Provencher MD

Co-published with the Arthroscopy Association of North America, ***The Knee: AANA Advanced Arthroscopic Surgical Techniques*** is a comprehensive technique-based book that presents the latest diagnostic and reconstructive techniques in arthroscopic surgery for the knee.

***The Knee: AANA Advanced Arthroscopic Surgical Techniques*** is authored by premier arthroscopic surgeons Drs. Nicholas A. Sgaglione, James H. Lubowitz, Matthew T. Provencher, and their international list of expert contributors. This comprehensive resource includes preferred physical examination testing and diagnostic imaging choices in pre-operative planning and patient selection, state-of-the-art step-by-step description of the procedures, detailed surgical equipment lists to perform each procedure, clear and precise indications for surgery and the thoughtful rationale behind stated contraindications, controversial indications, post-operative protocols, and potential complications. The written text is supported by numerous color images and a website with invaluable, narrated video clips depicting disease-specific arthroscopic techniques specific to the knee.

**Features inside *The Knee: AANA Advanced Arthroscopic Surgical Techniques***

- Narrated video accompanies all surgical techniques, focusing on the stepwise approach to each operation
- Consistent organization throughout the book results in a bulleted and user-friendly interface for a quick reference or prolonged study
- Top 5 Technical Pearls for each procedure to enhance outcomes and to avoid common pitfalls and complications
- High-quality artwork and figures to complement clinical images
- Equipment and surgical technique checklists for quick reference prior to surgery

Each expert contributor was chosen for his or her expertise for a specific topic related to ***The Knee***, so the reader benefits by the highest quality and treatment

recommendations to provide state-of-the-art care to his or her patient.

**Some chapter topics include:**

- Arthroscopic Reduction and Fixation of Tibial Plateau and Eminence Fractures
- Arthroscopic Treatment of Patellar Tendinopathy
- Arthroscopic Meniscal Repair
- Novel Techniques in Articular Cartilage Restoration
- Advances in Anterior Cruciate Ligament Reconstruction

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## **Lubowitz MD, Matthew Provencher MD Bibliography**

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## **Editorial Review**

### **Review**

“This series does a wonderful job of blending the didactic format of an efficiently written and well-organized book designed for learning with online videos that enable users to witness a master performing the techniques. This book in particular is a wonderful guide to everything arthroscopic about the knee... This volume in the AANA series is comprehensive and a wonderful guide to a broad range of knee arthroscopic procedures. I recommend the entire series for the institutional and the personal library.”

- Mark R, Hutchinson, MD, *University of Illinois at Chicago College of Medicine, Doody's Review Service*

### **About the Author**

*Nicholas A. Sgaglione, MD* is Professor and Chairman of the North Shore–Long Island Jewish Medical Center Department of Orthopedic Surgery and at the Hofstra North Shore–Long Island Jewish School of Medicine. He also serves as the Senior Vice President for Orthopaedics for the North Shore–Long Island Jewish Health System and Executive Director of the Orthopaedic Institute. Dr. Sgaglione graduated from the Mount Sinai School of Medicine and completed his residency in orthopaedic surgery at the Hospital for Special Surgery in New York, followed by a fellowship in sports medicine at the Southern California Orthopaedic Institute in Los Angeles, California.

Dr. Sgaglione served as President of the Arthroscopy Association of North America for 2012 to 2013 and also served on its Board of Directors beginning in 2008. He was elected to the American Orthopaedic Association in 2006 and is a trustee of the AANA Education Foundation and Association Member Representative for the Orthopaedic Learning Center in Rosemont, Illinois. He is currently serving on the *Arthroscopy: The Journal of Arthroscopic and Related Surgery* Board of Trustees.

Dr. Sgaglione specializes in sports medicine and has served as the Team Orthopaedist for numerous Long Island High Schools and the US Merchant Marine Academy for the past 24 years and more recently New York's professional Major League Lacrosse team, the New York Lizards. He has also served as an orthopaedic consultant to the US Ski Team and US Professional Golf Association. Dr. Sgaglione has authored more than 75 peer-reviewed published scientific articles. He was a co-editor of *AANA Advanced Arthroscopy: The Knee* and has recently co-edited the *Fourth Edition* of the textbook *Operative Arthroscopy*.

*James H. Lubowitz, MD* is founding Director of Taos Orthopaedic Institute and Taos Orthopaedic Institute Orthopaedic Sportsmedicine Fellowship. He is Editor-in-Chief of *Arthroscopy: The Journal of Arthroscopic and Related Surgery and Arthroscopy Techniques*. Dr. Lubowitz is founding Director, emeritus, of Taos Orthopaedic Institute Research Foundation and Editor-in-Chief, emeritus, of the *ISAKOS Newsletter*. Dr. Lubowitz is Clinical Associate Professor, University of New Mexico, Department of Orthopaedics and Rehabilitation. Dr. Lubowitz attended the University of Pennsylvania School of Medicine, and served as intern, resident, and Chief Resident at the University of California, Los Angeles, and as Orthopaedic Sportsmedicine Fellow at Thomas Jefferson University.

Dr. Lubowitz has served on committees of the Arthroscopy Association of North America, ISAKOS, American Orthopaedic Society for Sports Medicine, and the ACL Study Group, including both the AANA

and AOSSM Education Committees, and is Chairman, emeritus, of the AANA Research Committee. He is designated by AANA as a Master Knee Surgeon at the Orthopaedic Learning Center in Chicago, Illinois. Dr. Lubowitz is a member of the Medical Staff of the US Ski and Snowboard Team.

*CDR Matthew T. Provencher, MD, MC USN*, a native of Barrington, New Hampshire, attended the US Naval Academy, where he was appointed the Deputy Brigade Commander (Second in Command), graduated with Distinction with a Major in Electrical Engineering, and was designated Secretary of the Navy Distinguished Graduate. He was also a 4-year varsity oarsman and First-Team All-American at Navy, and named Most Valuable Oarsman. He completed his medical education at Dartmouth Medical School where he graduated with honors and was elected to the Alpha Omega Alpha Honor Society.

Dr. Provencher completed his orthopaedic residency at the Naval Medical Center San Diego and his orthopaedic shoulder, knee, and sports surgery fellowship at Rush University. He also served as an Orthopaedic Surgeon at the Naval Medical Center San Diego from 2004 to 2013, and was Director of the Sports Division from 2007 to 2013. In addition to his orthopaedic duties, CDR Provencher performed extensive Humanitarian and Disaster Relief training as the Director for Surgical Services on the USNS Mercy (TAH-19) during Pacific Partnership 2012.

Currently, Dr. Provencher is the Chief of Sports Medicine and Surgery at Massachusetts General Hospital, is Visiting Professor of Surgery and Orthopaedics at Harvard Medical School, and Professor of Surgery and Orthopaedics at the Uniformed Services University of the Health Sciences. As Chief of Sports Surgery at Massachusetts General Hospital, he is the Head Team Physician and Medical Director for the New England Patriots, and is a Past-President of the Society of Military Orthopaedic Surgeons. He was elected into the Herodicus Society, which identifies excellence in Orthopaedic Sports Surgery as well as was nominated to the Board of Directors of the American Orthopaedic Society for Sports Medicine. He serves on numerous national committees and was the Arthroscopy Association of North America 2014 Program Director and is the Assistant Editor-in-Chief of *Arthroscopy: The Journal of Arthroscopic and Related Surgery*. He was recently named one of the Top 20 Shoulder Surgeons in the United States and Top 28 Knee Surgeons in the United States by *Orthopaedics Today*. His research includes more than 150 peer-reviewed publications and 150 chapters, and he has written 5 textbooks. Dr. Provencher resides in Massachusetts with his wife and 4 children.

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**Tanya McGaha:**

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